



A QUIET HEART
SOUNDFORTH SINGERS & ORCHESTRA



Produced by Karen Kuehmann & Fred Coleman
 Recorded and mixed by Gary Emory at BrightWater Studios, Greenville, SC
 Production assistant: Kristy Byrd
 Designer: Craig Oesterling
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A QUIET HEART

SOUNDFORTH SINGERS & ORCHESTRA

1. As We Read Your Holy Word

Words and music by Fred and Ruth Coleman
 Ruth Coleman, solista
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As I read Your Holy Word,
 Help me see, Lord, help me learn.
 Holy Spirit, from its pages lead the way.
 Come and melt my stubborn will.
 Make my heart and soul be still.
 As I read Your Word, may I heed it and obey.
 Like the first rays of morning light,
 It will pierce my darkest night:
 Showing sins of doubt and fear within my heart,
 Showing self-confidence and pride,
 Then it brings cleansing hope that quiets my heart.
 So as we read Your Holy Word,
 Help us see, Lord, help us learn.
 Holy Spirit, from its pages lead the way.
 Come and melt our stubborn will,
 Lord, make our hearts and souls be still.
 As we read Your Word, may we heed it and obey.
 Open my eyes and let me see
 Glimpses of truth You have for me,
 For in Your Word I find the truth that sets me free.

2. Be Still, My Soul

Music by Katherine Voss Schlegel, translation by Jane Burbeck
 Made by James Krumpholtz
 Orchestration by David Radbach
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Be still, my soul; the Lord is on thy side.
 Bear patiently the cross of grief or pain;
 Leave to thy God to order and provide;
 In every change He faithful will remain.
 Be still, my soul; thy best, thy heavenly Friend
 Through thorny ways leads to a joyful end.
 Be still, my soul; the hour is hast'ning on
 When we shall be forever with the Lord;
 When disappointment, grief, and fear are gone;
 Sorrow forgot, love's purest joys restored.
 Be still, my soul; when change and tears are past,
 All safe and blessed we shall meet at last.

3. Sometimes a Light Surprises

Words by William Cooper, solista
 Music by Craig Cozzetta (ASCAP)
 Orchestration by David Radbach
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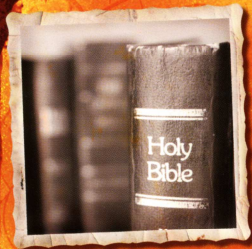
Sometimes a light surprises
 The heart of God's salvation,
 It is the Lord who rises
 with healing in His wings,
 When comforts are declining,
 He grants the soul again
 A season of clear shining,
 To cheer it after rain.

In holy contemplation
 we sweetly then pursue
 The theme of God's salvation,
 And find it ever new;
 Set free from present sorrow,
 We cheerfully can say,
 Let the unknown tomorrow
 Bring with it what it may.

It can bring with it nothing
 But He will bear us through,
 Who gives the lilies clothing
 Will clothe His people too;
 Beneath the spreading heavens
 No creature but is fed,
 And He who feeds the ravens
 Will give His children bread.



Though vine nor fig tree neither
 Their wanted fruit should bear,
 Though all the fields should wither,
 Nor floods nor herds be there;
 Yet, God the same abiding,
 His praise shall tune my voice;
 For, while in Him confiding,
 I cannot but rejoice.



4. May the Words of My Mouth

Words adapted from Psalm 124 and 139
 Music and arrangement by Bruce Geyer
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May the words of my mouth and the meditation of my heart
 be pleasing in Your sight, May the words of my mouth and
 the meditation of my heart be pleasing in Your sight,
 O Lord, my Rock and my Redeemer.

I have hidden Your Word in my heart that I might not sin.
 I have hidden Your Word in my heart that I might not sin.
 O Lord, my Rock and my Redeemer.

May the words of my mouth and the meditation of my heart
 be pleasing in Your sight, O Lord. Amen.

5. Before the Throne of God Above

Words by Christian Lee Roscoe
 Music by Yvonne Cook
 Arranged and orchestrated by Dan Ferrell
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 Canada by Integrity's Historical Music. Used by permission.

Before the throne of God above,
 I have a strong and perfect plea,
 A great High Priest whose name is "Love,"
 Who ever lives and pleads for me.

My name is given on His hands,
 My name is written on His heart;
 I know that while in heav'n He stands
 No tongue can bid me thence depart.

When Satan tempts me to despair,
 And tells me of the guilt within,
 Upward I look and see Him there,
 Who made an end to all my sin.

Because the sinless Savior died,
 My sinful soul is counted free;
 For God, the Just, is satisfied
 To look on Him and pardon me.

Behold Him there, the Risen Lamb,
 My perfect, spotless Righteousness,
 The great unchangeable I Am,
 The King of glory and of grace!

One with Himself I cannot die,
 My soul is purchased by His blood,
 My life is hid with Christ on high,
 With Christ, my Savior and my God.

My name is given on His hands,
 My name is written on His heart;
 My life is hid with Christ on high,
 With Christ, my Savior and my God.

6. I Could Not Do Without Thee

Words by Francis B. Havergl
 Music by Craig Cozzetta
 Orchestration by Dan Forrest
 Kristin Alexander, solista
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I could not do without Thee,
 O Savior of the lost,
 Whose precious blood redeemed me,
 at such tremendous cost.
 Thy righteousness, Thy pardon,
 Thy precious blood must be
 My only hope and comfort,
 my glory and my plea.

I could not do without Thee,
 I cannot stand alone,
 I have no strength or goodness,
 no wisdom of my own.
 But Thou, beloved Savior,
 Art all in all to me,
 And weakness will be power
 if leaning hard on Thee.

I could not do without Thee,
 O Jesus, Savior, dear,
 Even when my eyes are hidden,
 I know that Thou art near,
 How dreary and how lonely
 This changeful life would be
 Without the sweet communion,
 the secret rest with Thee.

I could not do without Thee,
 For years are fleeting fast,
 And soon in solemn loneliness,
 The river must be passed.
 But Thou wilt never leave me,
 And though the waves roll high,
 I know Thou wilt be near me,
 And whisper, "It is I."

7. In My Weakness

Words and music by Mike Harland and Gary Schmidt
 Arranged and orchestrated by J. Daniel Smith
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When living life for Jesus Christ becomes too hard a task,
 When obedience means sacrifice that seems too much to ask,
 That's when I learn that my own strength isn't really strength at all,
 And I find rest in humbleness when I surrender all.

In my weakness He is strong
 In my need He leads me on,
 When I come to the end of all I am,
 And I place my trust in Him,
 That's when His strength begins.

When failures in my human strength have weakened all my pride,
 And ruined hopes in fallen dreams have crumbled me inside,
 It's then by grace I finally see the strength of Jesus Christ,
 His victory is real in me when weakness fills my life.

In my weakness He is strong
 In my need He leads me on,
 When I come to the end of all I am,
 And I place my trust in Him,
 That's when His strength begins.

8. Holy, Sovereign Lord

Words by Lloyd Larson, *Word*, vol. 10, pp. 12-13
Music by Lloyd Larson
Orchestration by Dave Bennett
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Seek the Lord while He may be found; call while God is near. God abundantly will pardon those who turn to the Lord! God will have mercy upon them, those who place their trust in Him.

"For my thoughts are not your thoughts, and my ways are not your ways," declares the holy, sov'reign Lord. As the heavens reign on high, above the earth they testify God's word shall live forevermore.

As the rain and the snow fall from heaven above bringing seed to the sower and bread to those who eat, so my word shall go forth; it shall not return empty; it shall last eternally.

"For my thoughts are not your thoughts, and my ways are not your ways," declares the holy, sov'reign Lord. As the heavens reign on high, above the earth they testify God's word shall live forevermore.

You shall go out with joy and be led in peace; the mountains shall resound with melodies; the trees of the field shall clap their hands in joy.

"For my thoughts are not your thoughts, and my ways are not your ways," declares the holy, sov'reign Lord. As the heavens reign on high, above the earth they testify God's word shall live forevermore.

O praise the holy, sov'reign Lord.



9. We Will Walk in Peace

Words by David Allen Finkle
Music by Tom Ferlie
Orchestration by Bruce Greer
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The Lord is my Shepherd, I shall not want; He leads me beside the still waters. Tho' the enemy gathers and foes may oppress I find strength in the arms of the Father.

We will walk through the valley, we will walk in peace; We will walk through the valley with the living God. We will walk through the valley, we will walk in peace; We will walk through the valley with the Lord.

He prepares us a table before all our foes, And goodness and mercy are there. At the end of the valley, in the house of the Lord, There forever His goodness we'll share.

We will walk through the valley, we will walk in peace; We will walk through the valley with the living God. We will walk through the valley, we will walk in peace; We will walk through the valley with the Lord.

10. To the Praise of His Glorious Grace

Words by D. A. Cameron
Music by Paul Bolding and Gerald Edmonds
Arranged by Kristin Campbell
Nathan Stouffer and Matt Taylor, *solists*
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With astonishing mercy and power; In accord with His pleasure and will He created each planet, each flower, E'er 'y galaxy, microbes, and hill. He suspended this planet in space To the praise of His glorious grace.

To the praise of His glorious grace.

Provisionally ruling all things, To conform to the end He designed, He mysteriously governs and brings His eternal, wise plans into time. He works out every step, every trace, To the praise of His glorious grace.

To the praise of His glorious grace.

We were blessed in the heavenly realm Long before being included in Christ. Since we heard the good news, overwhelmed, We reach forward to seize Paradise. We shall see Him ourselves face to face To the praise of His glorious grace.

To the praise of His glorious grace.

11. Make My Life an Alleluia

Words and music by Ruth Elaine Scherer
Orchestration by David Kautsch
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Make my life an alleluia, a song of praise to You each day. To proclaim Your grace and glory, fill my heart with your praise, I pray. When I stand at the mountaintop, or the valley of despair, this will be my cry, my song, my prayer; Lord, make my life an alleluia.

Make my life an alleluia, a gift of love to You, my King. I will join with all creation in the song that the heavens sing! The earth will turn, and the planets spin, as the seasons ebb and flow; still, Your grace surrounds me as I go. Lord, make my life an alleluia.

Make my life an alleluia, this offering of myself I give to You. I will share Your grace and mercy for as long as I shall live. When I come to my journey's end, may those left behind be reminded, this has been my cry, my song, my prayer; Lord, make my life an alleluia.



12. We Are Not Alone

Words and music by Pepper Chagitt
Kristin Campbell, *solist*
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We are not alone, God is with us.

We are never alone, for God is with us. Now, through all our days, always. Forever and ever, we are never alone. And God will make us strong, for God is with us. We will press on, for God is with us. Now, through all our days, always. Forever and ever, we are never alone. Our God is with us now.



13. Only Jesus

Words and music by Keith Ferguson and Bruce Greer
Arranged and orchestrated by Bruce Greer
Alyson McElroy and Shaun Drown, *solists*
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He came in weakness, tho' He was strong. Offered forgiveness tho' we were wrong. A loving Shepherd seeking the lost. For only Jesus could bear the cross.

Tho' we were guilty, He took our place. Condemned, unworthy, He gave us grace. No greater passion that we can know. For only Jesus could love us so.

No other Truth, no other savior.
No other Name worthy of praise.
No other hope for eternal life.
Only Jesus, Lord Jesus Christ!

So many voices the world has heard. So many choices, one Living Word. One great Redeemer for all our sin. For only Jesus could rise again!

No other Truth, no other savior.
No other Name worthy of praise.
No other hope for eternal life.
Only Jesus, Lord Jesus Christ!

Redemption's story one day complete. All nations worship at Jesus' feet. One mighty chorus, His praises sing. For only Jesus is Lord and King!

14. He Is Seeking You

Words by Kristin Berg
Music by Alexander Kautsch
Orchestration by Joan J. Dickinson
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Through the loveless dark this lonely night, To your empty heart there shines a light. Glorious light of love for all to see. Jesus, Son of God in truth must be.

He is seeking you with a tender voice, He is calling you to make a choice. Turn your ear to hear this quiet sound; He is seeking you, will you be found?

God has sent His Son through Israel To all people who in darkness dwell. Giver of the Light to all in His; In the face of Christ His glory see.

He is seeking you with a tender voice, He is calling you to make a choice. Turn your ear to hear this quiet sound; He is seeking you, will you be found?



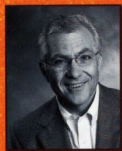
SOUNDFORTH SINGERS

Kristin Alexander, Katie Bagnall, Sheralyn Berg, Kristin Campbell, Bethany Carper, Rob Chisholm, Miles Coleman, Shaun Dunn, Philip Eoste, Becky Farrell, Seth Leastrom, Megan McAdams, Alyson McElroy, Jared Porter, Eric Rea, Katie Short, Nathan Stouffer, Christy Taylor, Matt Taylor

SOUNDFORTH ORCHESTRA

VIOLIN: Dianne Pinner—concertmistress, Stephanie Allen, Ashley Burr, Philip Emory, Jacob Frank, Brian Pinner, Emilie Shearer • VIOLA: Scott Moore, Nathan Pinner • CELLO: Meredith Hoagland, Richard Jones, Katie Allen • BASS: Alex Jones • FLUTE: Amanda Barrett, Karen Kuchmann • RECORDER: Karen Kuchmann • OBOE: Caleb Lynch • CLARINET: Carolyn Pelz • BASSOON: Greg Graf • TRUMPET: Jess Turner • HORN: Mark Frederick, Debbie Barrett • TROMBONE: Paul Jantz, Ted Miller • HARP: Emily Waggoner • GUITAR: David Chapman • PERCUSSION: Rob Schoolfield, Ellis Schoolfield • KEYBOARD: Ruth Coleman

A PERSONAL NOTE FROM FRED COLEMAN



For too many of us, as we make our way through the circumstances of life, our hearts are anything but quiet. We are restless and rebellious by nature. Our hearts are filled with noise.

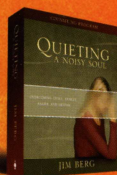
No doubt, you've experienced it. Fear has overwhelmed you, and you struggle to trust God and His Word. Pride has sowed resentment, jealousy, discontent, and even hatred in your heart. Your natural flesh and its desires have kindled, and finally raged, in wicked or lustful thoughts. We are rebels toward the goodness of God.

And all the while, most of us know that it is only in His Word and through His Holy Spirit that the turmoil of our lives can be quieted and calmed. We look everywhere except the Bible, God's Holy Word, to find relief. We seek every avenue of advice except our heavenly Father's.

Listen to the songs on this recording after reading and meditating on the Scriptures. Let each song remind you that God would have you listen to His Word and His Spirit; be still and know the truth that can set you free. Know that in your obedience to His Word, love's perfect joy can be restored. Tomorrow may bring what it will, but a loving heavenly Father, Who is ever present and all wise, orders all circumstances.

Rejoice that we are never alone; God is with us! Recognize that our thoughts are not His thoughts. Know that He has a perfect design for each life and will mysteriously work out every step. Recognize that along the way, in the midst of difficulty, He sends rays of joyful, encouraging light. His will and His Word will reign forever. Come before the throne of God, and see the Lord Jesus Christ at His right hand.

If you have never turned to Him for salvation from your sin, please know that He is seeking you now. Will you be found?



A quiet heart is the fruit of reflecting upon who God is and what He has promised in His Word. God's Spirit has already used the solid truth and fresh melodies of this album to quiet my own soul during a time of pressure. It calls the Savior and points us to Him for rest.

Jim Berg

If a Quiet Heart has benefited you spiritually, visit QuietingANoisySoul.com, where you will learn about Jim Berg's DVD counseling series designed to help distressed individuals back to stability and a calm, biblical focus.

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